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SUBJECT:	MT. GRANT GENERAL HOSPITAL JOB DESCRIPTION
DEPARTMENT:	PHYSICAL THERAPY DEPARTMENT
TITLE:	<b>PHYSICAL THERAPIST</b>
REVISION DATE:	<b>06/19/2013</b>

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## **DEFINITION:**

Within the framework of the objectives and policies established by the Administrator, plans and coordinates Physical Therapy services. Restores patient's function, alleviates pain, and prevents disabilities by planning and administering medically prescribed physical therapy. Participates as a member of the hospital's management team in planning, policy formulation, and administrative decision making with particular reference to the role, functions, and operations of the hospital's therapy services. In summary, is responsible for physical therapy care, management, resource management, and fiscal management. Reports to the Administrator.

## **EXAMPLES OF DUTIES:**

The duties listed below are examples of work typically performed by an employee in this position. An employee may not be assigned all duties listed and may be assigned duties which are not listed below. Marginal duties (shown in *italics*) are those which are least likely to be essential functions of this position.

- Meets the patient's goals and needs and provides quality care by assessing and interpreting evaluations and test results; determining physical therapy treatment plans in consultation with physicians or by prescription.
- Helps patient accomplish treatment plan and accept therapeutic devices by administering manual exercises; instructing, encouraging, and assisting patients in performing physical activities, such as nonmanual exercises, ambulatory functional activities, and daily-living activities and in using assistive and supportive devices, such as crutches, canes, and prostheses.
- Administers physical therapy treatments by giving massages; initiating traction; applying physical agents; utilizing hydrotherapy tanks and whirlpool baths, moist packs, ultraviolet and infrared lamps, and ultrasound machines; directing treatments given by aides, technicians, and assistants.
- Evaluates effects of physical therapy treatments and fit of prosthetic and orthotic devices by observing, noting, and evaluating patient's progress; recommending adjustments and modifications.
- Completes discharge planning by consulting with physicians, nurses, social workers, and other health care workers; contributing to patient care conferences.
- Assures continuation of therapeutic plan following discharge by designing home exercise programs; instructing patients, families, and caregivers in home exercise programs; recommending and/or providing assistive equipment; recommending outpatient or home health follow-up programs.
- Documents patient care services by charting in patient and department records.
- Maintains patient confidence and protects hospital operations by keeping information confidential.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations.
- Protects patients and employees by adhering to infection-control policies and protocols.
- Ensures operation of equipment by completing preventive maintenance requirements; following manufacturer's instructions; troubleshooting malfunctions; calling for repairs.
- Maintains professional and technical knowledge by attending educational workshops; reviewing professional publications; establishing personal networks; participating in professional societies.

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- Develops physical therapy staff by providing information; developing and conducting in-service training programs.
- Complies with federal, state, and local legal and professional requirements by studying existing and new legislation; anticipating future legislation; enforcing adherence to requirements; advising management on needed actions.
- Contributes to team effort by accomplishing related results as needed.
- Monitors equipment, and recommends equipment purchases.
- Write department policies and procedures.
- Responsible for budget and other economic facts of Physical Therapy Department with supervisory control.
- Attend appropriate meetings and instructional courses called by Administration and Inservice Department. Act as resource person for Inservices.
- Maintain own continuing education program by attending workshops, conferences, and reading professional literature as required for Licensure.
- Other related duties as assigned.

## **QUALIFICATIONS FOR EMPLOYMENT:**

### **Knowledge and Ability:**

#### ***Knowledge of***

- physical therapy principles, theory, methods and evidence based practice;
- effective practice, clinical decision making, outcomes based intervention and their proper application in hospital and long term care environment;
- areas of practice specific to geriatrics and the care of the elder;
- current legal mandates, including: Federal and State law, compliance issues, confidentiality requirements, funding procedures and requirements;
- administrative management practices;
- proficient in the use of computers.

#### ***Ability to***

- plan, implement, administer and coordinate a physical therapy program, from eligibility determination to exit, within the care plan;
- select and administer appropriate assessment tools and interpret results of assessment;
- select and provide a wide range of intervention strategies and monitoring their effectiveness;
- plan, coordinate and provide training and continuing education both formally and informally to patients, staff, administration and other medical professionals;
- effectively communicate orally and in writing;

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- execute job responsibilities that may include: transferring and/or lifting patients or equipment, managing equipment;
- comply with MGGH Policies/procedures, safety procedures and departmental policies and procedures;
- interact with the public in a professional manner;
- comply with Patient Bill of Rights and employee responsibilities;
- concentrate, have good recall, and able to work without direct supervision;
- plan on-going work with job duties;
- work overtime on occasion if necessary;
- be flexible and work in an environment that has frequent and multiple interruptions, which is stressful at times.

### **Experience and Training:**

Any combination in training, education, and experience that would provide the knowledge and abilities. A typical way to gain the required knowledge and ability is:

Bachelor's Degree or certificate from an accredited program AND  
state licensure through the Nevada State Board of Physical Therapy Examiners AND  
1-2 years work experience AND

Per NRS 449 and NRS 200.5091, successful applicant(s) must pass required state and federal background checks.

### **PHYSICAL REQUIREMENTS:**

The physical requirements described here are representative of those that must be met by an employee to successfully perform the essential functions of the job.

This position can be physically demanding and often requires incumbent to stoop, kneel, crouch, lift, and stand for long periods. In addition, very heavy work of moving objects in excess of 100 pounds with frequent lifting and/or carrying of item's weighing 50 pounds or more. Responsible for lifting, carrying, pushing, and pulling objects. Ability to perceive similarities and differences in color. Eye-hand-foot coordination. Ability to move fingers easily and skillfully. Ability to perceive pertinent details and verbal or tabular material. Constant standing and walking required in working with patients. Ability to comprehend Doctors orders is an essential element of this job.

In compliance with applicable disability laws, reasonable accommodations may be provided for qualified individuals with a disability who require and request such accommodations. Incumbents and individuals who have been offered employment are encouraged to discuss potential accommodations with the employer.

### **WORKING CONDITIONS:**

Work is performed under the following conditions:

Work environment is generally clean and comfortable. Lighting conditions are typically good. Frequent interruptions to planned work activities occur. Changes in days off and shifts are possible and incumbent will

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be required to be available on short notice. Exposure to infectious diseases and bodily fluids is common. It is common to engage with family members of residents and patients during emotionally difficult periods of time.

**FLSA Status:** Non-Exempt

**LIMITATIONS/DISCLAIMER:**

1. The above job description is meant to describe the general nature and level of work being performed; it is not intended to be an exhaustive list of all responsibilities, duties and skills required for the position.
2. All job requirements are subject to possible modification to reasonably accommodate individuals with disabilities. Some requirements may exclude individuals who pose a direct threat or significant risk to the health and safety of themselves or other employees.
3. This job description in no way states or implies that these are the only duties to be performed by the employee occupying this position. Employees will be required to follow any other job-related duties requested by their supervisor in compliance with federal and state laws.
4. Requirements are representative of minimum levels of knowledge, skills and/or abilities. To perform this job successfully, the employee must possess the abilities or aptitudes to perform each duty proficiently.

I have read the requirements and qualifications of the position of Physical Therapist and to the best of my knowledge believe I can perform these duties as described with or without accommodation.

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Signature

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Date